

# SLASH THE GROCERY BILL CHALLENGE!

## The Challenge:

Shop your pantry and freezer to meal plan this month. Make it a goal to slash 25% or more off your monthly grocery bill.

Use the [#slashthegrocerybillchallenge](#) hashtag to share your cooking creations and progress!

AVG. MONTHLY GROCERY SPEND:

% YOU WANT TO SLASH:

NEW MONTHLY GROCERY SPEND GOAL:

GOAL # OF "NO INGREDIENTS NEEDED!" DAYS: