

101 QUESTIONS TO ASK YOURSELF TO HELP YOU BUILD A BUDGET

Circle "Yes" or "No" for every question. For the questions you circle "Yes" for, write down the corresponding dollar value you spend on the item.

Housing

1	Do you pay rent or a mortgage?	Yes	I	No	
2	Do you pay for homeowner or rental insurance?	Yes	I	No	
3	Do you pay property taxes?	Yes		No	
4	Do you pay for electricity?	Yes	I	No	
5	Do you pay for natural gas?	Yes	1	No	
6	Do you pay for water?	Yes	I	No	
7	Do you pay for trash removal?	Yes	I	No	
8	Do you pay for an alarm system?	Yes	I	No	
9	Do you pay for house cleaning?	Yes	I	No	
10	Do you pay for landscaping?	Yes	I	No	
11	Do you pay for a HOA?	Yes	1	No	
12	Do you pay for stuff to maintain your house?	Yes	1	No	
13	Do you buy furniture and decor for your house?	Yes	I	No	



Transportation

14	Do you pay a car payment?	Yes No	
15	Do you pay for car insurance?	Yes No	
16	Do you pay for car registration?	Yes No	
17	Do you pay for vehicle property tax?	Yes No	
18	Do you pay for car maintenance?	Yes No	
19	Do you pay for parking?	Yes No	
20	Do you pay for a toll pass?	Yes No	
21	Do you pay for public transit?	Yes No	
22	Do you pay for ride-share or taxi services?	Yes No	

Entertainment

23	Do you pay for a cell phone?	Yes	No	
24	Do you pay for internet?	Yes	No	
25	Do you pay for cable?	Yes	No	
26	Do you pay for a TV streaning service?	Yes	No	
27	Do you pay for a movie subscription?	Yes	No	



28	Do you pay for a music subscription?	Yes		No	
29	Do you pay for a magazine subscription?	Yes		No	
30	Do you pay for a monthly box subscription?	Yes	I	No	
31	Do you buy books?	Yes	1	No	
32	Do you pay for an activity at an establishment? (i.e. go to the movies, go bowling, see a concert)	Yes	I	No	
33	Do you pay for app/phone subscriptions?	Yes	I	No	
34	Do you pay for video game subscriptions?	Yes	I	No	
35	Do you pay for a gym membership?	Yes	1	No	
36	Do you purchase sporting good equipment?	Yes		No	
37	Do you pay to play a sport?	Yes		No	
38	Do you pay for stuff for a hobby?	Yes	1	No	
	Personal				
39	Do you pay for personal care products? (i.e. shampoo, makeup, razors, feminine products)	Yes		No	
40	Do you pay for beauty products?	Yes		No	
41	Do you pay for personal care services? (i.e. haircuts, manicures, massages)	Yes	1	No	
42	Do you buy clothing?	Yes		No	
43	Do you pay for life insurance?	Yes	1	No	



Food

44	Do you buy groceries?	Yes No	
45	Do you buy alcohol?	Yes No	
46	Do you buy fast food?	Yes No	
47	Do you buy take out food?	Yes No	
48	Do you buy coffee from a coffee shop?	Yes No	
49	Do you eat out at restaurants?	Yes No	
50	Do you use a meal kit service?	Yes No	
	Pets		_
51	Do you buy pet food?	Yes No	
51 52		Yes No Yes No	
	Do you buy pet food?	·	
52	Do you buy pet food? Do you buy pet treats?	Yes No	
52 53	Do you buy pet food? Do you buy pet treats? Do you pay for vet visits?	Yes No Yes No	
52 53 54	Do you buy pet food? Do you buy pet treats? Do you pay for vet visits? Do you pay for pet insurance?	Yes No Yes No Yes No	



58	Do you pay for pet "furniture" (i.e. crates, beds, blankets, food bowls, etc.)?	Yes No	
59	Do you pay for a pet walker/ sitter?	Yes No	
60	Do you pay for pet day care?	Yes No	
61	Do you pay to board your pet?	Yes No	
62	Do you travel with your pet?	Yes No	
63	Do you pay for grooming?	Yes No	
64	Do you pay for pet accessories? (i.e. leashes, collars, clothes)	Yes No	
65	Do you pay for a pet subscription service?	Yes No	
	—— Children		
66	Do you pay for daycare?	Yes No	
66 67			
	Do you pay for daycare?	Yes No	
67	Do you pay for daycare? Do you pay for babysitters?	Yes No Yes No	
67 68	Do you pay for daycare? Do you pay for babysitters? Do you buy infant care products? Do you buy clothing and shoes for your	Yes No Yes No Yes No	
67 68 69	Do you pay for daycare? Do you pay for babysitters? Do you buy infant care products? Do you buy clothing and shoes for your children? Do you buy "furniture" for your kids? (i.e.	Yes No Yes No Yes No Yes No	
67 68 69 70	Do you pay for daycare? Do you pay for babysitters? Do you buy infant care products? Do you buy clothing and shoes for your children? Do you buy "furniture" for your kids? (i.e. strollers, car seats, cribs)	Yes No Yes No Yes No Yes No Yes No	



Healthcare

74	Do you pay for health insurance?	Yes N	0
75	Do you pay for dental coverage?	Yes N	0
76	Do you pay for vision coverage?	Yes N	0
77	Do you pay for prescriptions?	Yes N	0
78	Do you pay for first aid products?	Yes N	0
79	Do you pay for copays?	Yes N	0
80	Do you pay for medical services? (i.e. chiropractor, phsycial therapy, etc.)	Yes N	0
	Giving		
81	Do you donate to a charity?	Yes N	o
81		Yes N	
	Do you donate to a charity?	·	
	Do you donate to a charity? Do you participate in tithing?	·	0
82	Do you donate to a charity? Do you participate in tithing? Savings	Yes N	0



86	Do you contribute to a SEP IRA?	Yes No
87	Do you contribute to a retirement account?	Yes No
	— Debt	
88	Do you have a personal loan?	Yes No
89	Do you have a student loan?	Yes No
90	Do you carry a balance on a credit card?	Yes No
91	Do you have furniture or appliances financed?	Yes No
92	Do you have a home equity line of credit?	Yes No
93	Do you have a mortgage?	Yes No
94	Do you have a car loan?	Yes No
95	Do you have a recreational vehicle loan?	Yes No
96	Do you have outstanding medical bills?	Yes No
	— Growth/Inves	tment
97	Do you invest in the stock market?	Yes No
98	Do you invest in real estate?	Yes No



99	Do you invest in bitcoin?	Yes No	
100	Do you invest in a venture capital fund?	Yes No	
101	Do you generate income outside your primary job?	Yes No	